



**Katedralacho**



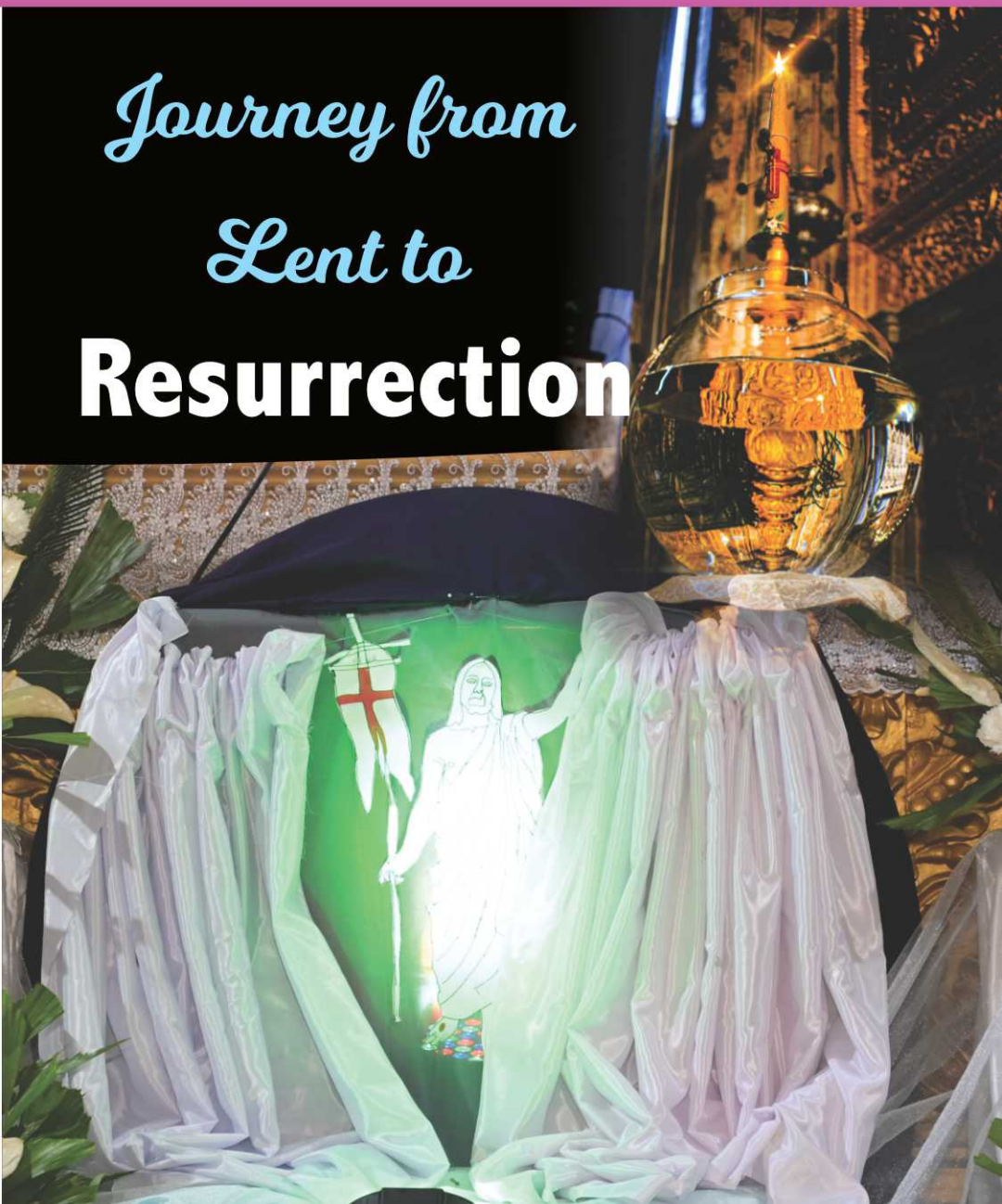
**ULO**

Voros: XXV

Ank: 3

March 2024

*Journey from  
Lent to*  
**Resurrection**





*Heartiest congratulations  
Prayers  
and  
Blessings*

*From*

**Parish Priest Fr. Rosario Oliveira  
and Asst Parish Priest Fr. Seby Vaz  
and Br. Jayson Colaco, and parishioners**

**To our most beloved  
Filipe Neri Cardinal Ferrao  
on your election  
as the President of the Federation of  
Asian Bishops' Conference (FABC).**

**We offer our prayers and  
blessings for your  
continued strength and  
guidance in shepherding  
the faithful across Asia.  
May you be blessed with  
abundant wisdom,  
courage, and grace to  
fulfill this noble calling  
entrusted to you by God.**

**In unity and faith, we  
stand beside you, dear  
Cardinal, as you embark on  
this sacred mission. May  
God bless you abundantly  
and guide you every step of  
the way.**

**God Bless You Always**



Quality Craftsmanship, Reliable Service

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*Wishes  
you*

HAPPY  
*Easter*



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*We, The Parish Priest  
Fr. Rosario Oliveira and  
Asst Parish Priest Fr. Seby Vaz  
and Br. Jayson Colaco,*

*Wish you all our Dear  
Parishioners a Blessed Easter  
May the Risen Lord always shine  
his light upon you*

*God Bless*

*“The stone was rolled away from the door,  
not to permit Christ to come out,  
but to enable the disciples to go in”*

*Happy  
Easter*



**Our Lady of Piety Somudai**  
extends heartfelt wishes to  
Parish Priest Fr. Rosario Oliveira,  
Assistant Parish Priest Fr. Seby Vaz,  
Brother Jason Colaco, & all the parishioners of St.  
Catherine of Alexandria Church, Sé Cathedral, Old Goa



## JOURNEY FROM LENT TO RESURRECTION

**D**ear Parishioners, every year our Lenten journey begins with the celebration of Ash Wednesday and ends with Easter Sunday. What we do and what happens to us in-between the Ash Wednesday and Easter Sunday is of paramount importance to make the journey fruitful, blessed and joyful.

The Mother Church guides and directs us on the path through the Word of God because it is “a lamp” to our steps and “a light” for our path (see Ps. 119:105). The liturgy of the Word, on the Ash Wednesday, after having revealed the map of the journey, has handed over to us three powerful weapons to face the challenges, obstacles and evil temptations throughout the voyage. If we have a cursory glance on the Word of God during the Lent Sundays of this year, it will be clear that God is actively leading our journey and directing us to share His glory in Christ.

In the first Sunday of Lent, God took us through the “water”. In the first reading we meditated on the flood water through which God directed Noah and his family to a fruitful and peaceful existence. The Gospel showed how Jesus was led by the Spirit from water of Jordan to a desert to be tested and then brought to Galilee to exercise His ministry. So, once we are led from the water of baptism, tested our faith and found worthy, we are called to proclaim the good news to others (2<sup>nd</sup> reading). In the second Sunday, He took us to the mountain. The journey was rough and harsh. With Abraham we were led to mount Moriah. The journey was not easy. We went with a heavy heart as we did not understand the ways of the Lord. It was very difficult to maintain faith and be obedient when God demanded the sacrifice of the most important thing in our lives. However, after overcoming the obstacles and temptations, we discovered God’s plan for our good (see Jer. 29:11) and obtained immeasurable promises. In the Gospel, Jesus took

us to mount Tabor and permitted us to witness his transfiguration. When we opened our eyes, we saw no one but only Jesus. Who can separate us from the love of Christ? (2<sup>nd</sup> reading).

The journey continues into the third Sunday wherein the Lord takes us with Moses to the mountain for solitude. He reveals his Will and gives commandments as a guide on the journey. Jesus goes beyond the 10 commandments and leads us to shun whatever causes abomination to God such as abusing the ‘Temple’ and reveals the mysteries of His passion, death and resurrection (Gospel). We are invited to be part of this journey of Jesus (2<sup>nd</sup> reading). Thereafter, we enter into the *laetare Sunday* wherein we are invited to rejoice in the Lord. Just as God had sent Cyrus, the king of Persia, to liberate His people from exile (1<sup>st</sup> reading), God sent His only Son not only to save us from the slavery of sin and exiled by devil, but also to give us life and give it in fullness which He fulfilled through His passion, death and resurrection (Gospel). God’s mercy and salvation is ever present to us as a gift of God (2<sup>nd</sup> reading). As we journey into the fifth week, the Lord reminds us that He will establish a new covenant with us and He will write His covenant, commandments and will in our hearts (1<sup>st</sup> reading). So that we walk with Jesus as He marches towards Jerusalem to suffer passion, death and resurrection for the sake of sinful humanity (Gospel). We are called to remain faithful and obedient to God just as Jesus did (2<sup>nd</sup> reading).

The journey continues into the Holy Week where we are called to follow Jesus very closely as He establishes Eucharist and priesthood, willingly hands Himself unto over to sinful men, accepts the cup of sufferings, carries the cross, dies on the cross and is resurrected. The joy of resurrection is the final destination of this journey. The purpose of this journey is not only to experience salvation, but to continue the journey and proclaim what we have seen, heard and touched as the apostles did (see 1 Jn. 1:1-3). Therefore, we are constantly challenged to effect change of heart through repentance, penance and charity.

St. Catherine of Alexandria, Pray for us!

Wish you all a Grace-filled Lenten Journey and Joyful Easter!

Tumcho Vigar



(Rev. Can. Rosario Oliveira)

# Bapa, hanvem patok kelam, mhaka bogos

## PRACHIT SONVSKARACHI SOMAROMBHNNI

*(Kumsar zaupi bhavarti Igorjent ieun Povitr Sonvskara fuddeant dimbi ghalta ani kumsarachea sonvskarak toiar zata).*

- *Kumsar korunk sondi dilolea khatir Devak dhinvasta;*
- *Devacho Mog aplea jivitant niall'tta;*
- *Devachea ani peleachea mogacher toxench apleach jivacher keloleam patkancho ugddas korta;*
- *Apunn patki mhunn ollkun ghetta ani 'Hanv Patki' mhunn'tta;*
- *Devachem Utor vachta vo Povitr Pustok na zalear Devache kaklutichi/mogachi/bhogsonneachi khobor sangtolem Devachea Utracho ugddas korta;*
- *Patkanchi dukh dorta ani novena patok korina zaunk nichev korta;*
- *Iadnikaxi vochunk toiar zata.*

*(Iadnikaxi vetoch, dimbi ghalta (khaltikai dakoita) vo (dimbi ghalunk zaina zalear) kodelicher bosom-ieta)*

**Kumsar zaupi:** *(Khursachi kuru kadd'tta)*

**Iadnik:** *(Lhan magnnem korta ani tujem kumsar bore bhaxen korunk tuka Devacho adar magta ani axirvad dita).*

**Kumsar zaupi:** (i) “Bapa, hanvem patok kelam, mhaka bogos”.

(ii) “Hanven nimannem kumsar kelear *ek mhoino* vo ...” *(kitlo kall zalo tem sang, ugddas na zalear sumaran sang).* (iii) “Him asant mhojim patkam...” *(sogllim tujim patkam sang ani uprant...).* “Jea patkancho mhaka hea vella ugddas zaina team-i patkanchem hanv bhogsonnem magtam”.

**Iadnik:** *(Patkam pormonem budh dita ani prachit formaita. Chintan aik).*

**Kumsar zaupi:** *(Dukhichi uncharnni mhunnt'ta)* “Deva mhojea Bapa, Tum chodd boro ani mogall astana, Tujer ani mhojea bhavam-bhoinnicher, hanvem chuk keli. Dekhun mhaka vhodd khont bogta, ani khaltea kallzan mhaka bhogos mhunn magtam. Tujeach adharacher patieun, novena patok korinam zauncheak vavrunk hanv bhas ditam”.

**Iadnik:** (*Bhogsonnem dita*) “Aplea Putachea koxttam, mornna ani punorjivontponna vorvi, Sorginchea Kaktlutsara Bapan sonvsar Apnnaxim portun zhoddun ghetlo ani patkanchea bhogsonnea khatir Povitr Atmo otlo/daddlo. Toch kaktlutsar Dev, Bap, Povitr Sobhechea mhunnearponnam vorvim tujim patkam bhogsum ani tuka xanti dium, ani hanv tujim patkam bhogxitam; Bapache ani Putache ani Povitr Atmeache nanvim +”.



**Kumsar zaupi:** “Amen”.

**Iadnik:** “Somian tujim patkam bhogxilim, khuxal za ani xantin voch”!

**Kumsar zaupi:** “Devache vhodd upkar”!

(*Kumsar zatoch portun Povitr Sonvskara fuddeant dimbi ghalun Devak argam dita, prachitak magnnem formailam vo Devachem Utor vachunk formailam zalear tem pall'ita. Devak argam dita ani novem jivit jieunk Devacho adar magta. Khuxalkain porot ghara veta.*)

## CELEBRATION OF THE SACRAMENT OF RECONCILIATION

(*The penitent enters the Church; goes to the Blessed Sacrament Chapel and by kneeling before the Lord and prepares him/herself to celebrate the Sacrament.*)

- *Penitent thanks the Lord for the occasion given to celebrate the Sacrament;*
- *Meditates on/recalls God's love in his/her life;*
- *Brings to mind the offences committed against God's love and that of the neighbour's as well as wrongdoings against self;*
- *Acknowledges one's transgressions and says “I confess...”;*
- *Reads pertinent Word of God or, if there is no Bible available, then recalls some Biblical texts on the subject of God's love, God's mercy, God's compassion/forgiveness, Jesus forgiving sinners;*
- *In the light of the Word of God, repents for the sins committed and resolves not to commit sins;*
- *Gets ready to go for confession to the priests, joins the queue (if need be) and remains silent all through.*

(*When turn to make confession arrives, goes to the priest, kneels (as a sign of penance and humility) or sits (if not possible to kneel) on the chair available.*)

**Penitent:** “By the sign of the cross...” (Makes sign of the cross...).



**Priest:** *(says a short prayer and asks God's help/grace for both the penitent and for himself to celebrate the Sacrament worthily and fruitfully).*

**Penitent:** (i) **“Father forgive me for I have sinned”**; (ii) **“I made my last confession ...”** *(one month ago or \_\_\_\_\_)*; (iii) **“These are my sins...”** *(Confession all your sins)*; (iv) **“I also asked forgiveness of those sins which I don't remember at this moment”**.

**Priest:** *(Gives counsel keeping in mind your sins and gives necessary penance).*

**Penitent:** *(Recites the Act of Contrition)* **“O my God, I am heartily sorry for having offended you, and I detest all my sins, because of your just punishment, but most of all, because they offend you, my God, who are all good and worthy of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin”**.

**Priest:** *(Grants absolution by saying the following prayer):* **“God, the Father of mercies, through the death and resurrection of His Son, has reconciled the world to Himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church, may God give you pardon and peace, and I absolve you from your sins, in the name of the + Father; and of the Son; and of the Holy Spirit”**.

**Penitent:** **“Amen”**.

**Priest:** **“God has forgiven you, go in peace and joy”!**

**Penitent:** **“Thanks be to God”**.

*(Penitent joyfully goes back to the Blessed Sacrament Chapel and kneels down thanking God for his grace and forgiveness. If the priest has prescribed prayer, reading of the Word of God, etc fulfils the penance before the Lord. Thereafter makes personal prayer and seeks God's help to lead a graceful life and goes back home thanking the Lord).*



# World Day of Consecrated Life

By Ayres Rosary D'Souza Raimondo

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The 2<sup>nd</sup> of February is celebrated as the Day of Consecrated Life. On this day, Christians all over the world celebrate the moment that Jesus was brought to the Temple in Jerusalem to be consecrated to the Lord according to the Hebrew law. This was a great act of obedience and devotion by Mary and Joseph, and it shows their commitment to God. By bringing Jesus up through the law, they fulfill not only the promises of the prophets but the Lord's promise to Simeon that he would witness the coming of the Messiah.

## But then why is 2nd February called the day dedicated to Consecrated Life?

In 1997, Pope Saint John Paul II instituted a day for women and men in Consecrated Life. This global celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world.

## What is Consecrated Life?

Consecrated life (*also known as religious life*) is a state of life in the **Catholic Church** lived by those faithful who are **called** to follow **Jesus Christ** in a more exacting way. It includes those in institutes of consecrated life (*religious and secular*), societies of apostolic life, as well as those living as hermits or consecrated virgins/widows. According to the Catechism of the Catholic Church, it “is characterized by the public profession of the evangelical counsels of poverty, chastity, and obedience, in a stable state of life recognized by the Church”.

The Code of Canon Law defines it as «a stable form of living by which the faithful, following Christ more closely under the action of the Holy Spirit, are totally dedicated to God who is loved most of all, so that, having been dedicated by a new and special title to his honour, to the building up of the Church, and to the salvation of the world, they strive for the perfection of charity in the service of the kingdom of God and, having

been made an outstanding sign in the Church, foretell the heavenly glory.»

What makes the consecrated life a more exacting way of Christian living is the public religious vows or other sacred bonds whereby the consecrated persons commit themselves, for the love of God, to observe as binding the evangelical counsels of chastity, poverty and obedience from the Gospel, or at least, in the case of consecrated virgins a proposal of leading a life of perpetual virginity, prayer and service to the church. Consecrated persons are not necessarily part of the hierarchy of the Catholic Church, unless they are also ordained clergy.

The Catechism of the Catholic Church comments: “From the very beginning of the Church there were men and women who set out to follow Christ with greater liberty, and to imitate him more closely, by practicing the evangelical counsels. They led lives dedicated to God, each in his own way. Many of them, under the inspiration of the Holy Spirit, became hermits or founded religious families. Thus the Church, by virtue of her authority, gladly accepted and approved them.”

Consecrated life may be lived either in institutes, societies, or individually. While those living it are either clergy or laypersons, the state of consecrated life is neither clerical nor lay by nature.

An **institute of consecrated life** is an association of faithful in the Catholic Church canonically erected by competent church authorities to enable men or women who publicly profess the evangelical counsels by religious vows or other sacred bonds “**through the charity to which these counsels lead to be joined to the Church and its mystery in a special way**”. The Congregation for Institutes of Consecrated Life and Societies of Apostolic Life has ecclesial oversight of institutes of consecrated life.

There are two categories of institutes of consecrated life identified in the Code of Canon Law: **religious institutes, and secular institutes**. In addition, there are Societies of Apostolic Life that resemble institutes of consecrated life, but their members do not take religious vows. Consecrated persons are lay persons or clerics who assume the evangelical counsels by means of a sacred bond, and become members of an institute of consecrated life. They are clerical if, with recognition from the Church, their founder intended the order or institute to be directed by clerics and exercise sacred orders, and they are lay if recognized by the Church as having a proper function defined by the founder or by legitimate tradition, which does not include the exercise of sacred orders (*Canon 588*). Religious institutes are

characterized by the public profession of vows, fraternal life in common as brothers or sisters, and a degree of separation from the world. The members of the secular institutes live in the world, strive for the perfection of charity and seek to help to sanctify the world, especially from within (*Canon 710*). They work in a variety of occupations and may live alone or with their family; others live in a common house with other institute members. Each institute has a particular spirituality shaped by its founders and leaders.

Apart from being a member of an institute, consecrated life may also be lived individually like that of hermits (*Canon 603*) and consecrated virgins (*Canon 604*). The hermits manifest to everyone the interior aspect of the mystery of the Church, that is, personal intimacy with Christ. Hidden from the eyes of men, the life of the hermit is a silent preaching of the Lord, to whom he has surrendered his life simply because he is everything to him. Here is a particular call to find in the desert, in the thick of spiritual battle, the glory of the Crucified One. On the other hand Consecrated Virgins who “expressing the holy resolution of following Christ more closely, are consecrated to God by the diocesan Bishop according to the approved liturgical rite, are mystically betrothed to Christ, the Son of God, and are dedicated to the service of the Church.» These virgins are, as well as hermits, one of oldest forms of consecrated life.

An institute of consecrated life is said to be of pontifical right if the Apostolic See has erected it or approved it through a formal decree. It is said to be of diocesan right, however, if it has been erected by a diocesan bishop but has not obtained a decree of approval from the Apostolic See. (*Can. 589*)

Answering a call within a call from the day of our Baptism which in itself is a call to be a follower and witness of Christ is like giving our whole being to the Lord in His service. On the day of our Baptism each of us are consecrated to God and we become His loving children and sharing in the triple mission of Christ. The purpose of our being created and sent on this earth is to love God, serve God and to be happy with Him in life eternal. Let us follow our inner conscience and listen to the call that God calls each one of us to the specific way of life that He has laid for us. I pray and hope that many vocations may spring in this parish and spread the message of love and salvation of our souls.

# Mary's Fiat: Navigating Lent with the Spirit of Obedience

*Solemnity of the Annunciation: March 25<sup>th</sup>*

We are urged to carefully consider the mysteries of our faith and the important lessons they have for our spiritual lives as we begin the Lenten journey. One such mystery that lies at the heart of our Christian faith is the Annunciation scene, which depicts the moment the angel Gabriel disclosed to the Virgin Mary of her soon-to-be joy. We can learn many spiritual lessons from this holy meeting that are especially relevant to the Lenten season. These lessons encourage us to develop our faith, humility, and obedience to God's will. Let's examine five aspects of the Annunciation and see how they can direct us as we journey towards spiritual transformation and renewal during Lent.



1. **\*Divine Intervention\***: The angel Gabriel appears to Mary at the Annunciation and brings a message from God. This emphasises the idea of heavenly involvement in human affairs.

**\*Lenten Reflection\***: We are reminded of the significance of God's involvement in our lives during Lent. As God came into

Mary's life to bring salvation and hope, Lent is a time for us to consider God's hand and direction in our own lives. It inspires us to pray, confess our sins, and undergo spiritual renewal in order to allow God to work in our lives.

2. **\*Mary's Humility and Obedience\***: Mary's humility and submission to God's will are evident in her response to the angel's message, "Behold, I am the handmaid of the Lord; let it be to me according to your word" (Luke 1:38).

**\*Lenten Reflection\***: We are encouraged to practice obedience and humility in our own lives during Lent. Throughout Lent, Mary's readiness to submit to God's plan inspires us to give up our own will and submit to God's. We can better align ourselves with God's purposes by practicing acts of humility, obedience, and self-denial.

3. **\*The Word Becoming Flesh\***: The Annunciation marks the moment when the Word became flesh, as Jesus was conceived in Mary's womb by the power of the Holy Spirit.

**\*Lenten Reflection\***: During Lent, we should consider the significance of the Incarnation and how it affects our lives. Lent invites us to encounter Christ in our midst—in the Bible and the sacraments, just as Jesus took on human flesh to dwell among us. It challenges us to use Scripture reading, prayer, and Eucharistic participation to strengthen our relationship with the incarnate Word.

4. **\*The Annunciation as a Sign of Hope\***: The world is given hope and salvation through the angel's announcement to Mary of the birth of the Messiah.

**\*Lenten Reflection\***: As we approach the celebration of Christ's resurrection, Lent is a time of hope. The Annunciation serves as a reminder that God keeps His word and that His redemptive plan is taking shape right in front of us. We are urged to accept this message of hope and confidence in God's faithfulness throughout Lent, despite obstacles and hardships.

5. **\*The Role of Mary as the Mother of God\***: The Annunciation emphasises Mary's special position as God's Mother, selected to carry and raise the world's Saviour.

**\*Lenten Reflection\***: As we journey spiritually, Mary, the Mother of Jesus, invites us to grow closer to her during Lent. Lent invites us to ponder Christ's life and ask Mary for help and

direction in our own lives, just as she did when she was pondering the mysteries of Jesus in her heart. During the Lenten season, we can be encouraged to become closer to Jesus by looking to Mary as an example of faith, bravery, and devotion.

May we be motivated by the deep truths and enduring lessons that the Annunciation scene reveals as we reflect on it during this Lenten season. By imitating Mary's surrender, humility, and faith in God's plan, we can allow divine intervention into our lives. May we joyfully and with hope accept the mystery of the Incarnation, acknowledging the presence of Christ among us and His promise of salvation. And may Mary, the Mother of God, lead us ever nearer to her Son, Jesus Christ, who brings us from the darkness of death into the light of resurrection as we travel through the desert of Lent. Amen.

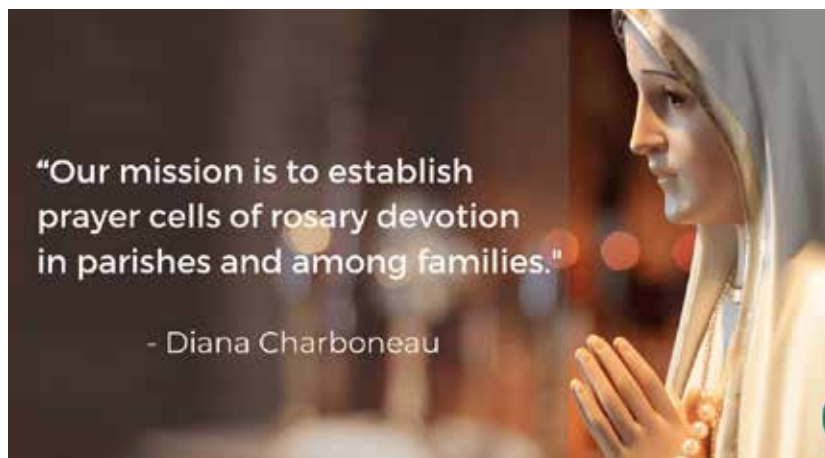
*Lester DeMello*

Saipem, Candolim

Exec Comm Member : "World Apostolate of Fatima"

Goa Archdiocesan Unit + National Centre

**"...God wishes to establish in the world devotion to My Immaculate Heart..." (Our Lady of Fatima, 13 July 1917)**



# Embracing the Journey: From Lent to Easter

By Mario B. Fernandes



As the world awakens from the slumber of winter, a spiritual journey unfolds for millions around the globe – the journey from Lent to Easter. Rooted in tradition, this period holds profound significance for all Christians, marking it; a time of reflection, sacrifice, and ultimately, the resurrection.

## The Prelude: Lent

Lent, originating from the Anglo-Saxon word *lencten*, meaning “spring,” serves as a period of spiritual preparation leading up to Easter Sunday. Spanning *approximately* 40 days. This mirrors Jesus Christ’s 40 days of fasting in the wilderness.

During Lent, Christians embark on a journey of self-examination, repentance, and spiritual discipline. Traditionally, this involves



practices such as fasting, prayer, and almsgiving. Fasting symbolizes self-denial, reminding individuals of their reliance on God. Prayer deepens the connection with the divine, fostering introspection and guidance. Almsgiving reflects compassion and generosity towards those in need, embodying the spirit of Christ's teachings.

### **The Path of Reflection**

As Lent progresses, individuals engage in introspective contemplation, confronting personal shortcomings and embracing opportunities for growth. It's a time to acknowledge imperfections, seek forgiveness, and strive for reconciliation – both with oneself and others.

Reflection during Lent extends beyond personal introspection to encompass a collective examination of societal injustices and global challenges. It prompts action towards social justice, compassion, and solidarity with marginalized communities, embodying the essence of Christian love and service.



### **The Valley of Sacrifice**

Central to the Lenten journey is the concept of sacrifice. Whether abstaining from certain foods, habits, or indulgences, the faithful willingly relinquish comforts as a symbolic gesture of devotion and humility. Sacrifice strengthens spiritual resilience, fostering a deeper appreciation for life's blessings and reinforcing commitment to faith.

Yet, the essence of sacrifice transcends mere abstention; it encompasses a willingness to undergo transformative change. Just as seeds must endure darkness and pressure to blossom into flowers, individuals undergo a process of inner renewal, shedding old habits and attitudes to embrace spiritual growth and renewal.

### **The Ascent to Easter**

As Lent draws to a close, the journey reaches its crescendo with the celebration of Easter – the pinnacle of the Christian faith. Easter

Sunday commemorates the resurrection of Jesus Christ, signifying triumph over sin and death, and the promise of eternal life.

The joy of Easter radiates as devotees gather to rejoice in the resurrection, symbolizing hope, renewal, and redemption. It is a time of jubilation, marked by vibrant festivities, communal worship, and the sharing of fellowship. Through the Easter liturgy, the faithful affirm their faith in the transformative power of Christ’s resurrection, embracing the promise of spiritual rebirth and salvation.

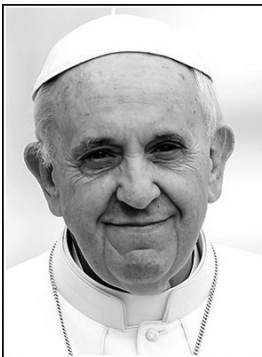
### **The Epilogue: Living Resurrection**

As Easter dawns, the journey from Lent to Easter transcends the confines of a seasonal observance; it becomes a lived experience, shaping the daily lives of all the faithful. The resurrection serves as a guiding light, illuminating paths of love, compassion, and reconciliation.

In the aftermath of Easter, we are called to embody the spirit of resurrection in their interactions with others and the world around them. It is a testament to the enduring power of faith – to overcome adversity, heal divisions, and cultivate a world infused with grace and compassion.

### **Conclusion**

The journey from Lent to Easter is a transformative odyssey, weaving through valleys of reflection, sacrifice, and renewal. It is a pilgrimage of the soul, guided by the light of Christ’s resurrection. As we traverse this sacred path, they emerge not only renewed in spirit but also empowered to embody the transformative message of Easter – love, hope, and eternal life.



We proclaim the resurrection of Christ when his light illuminates the dark moments of our existence, and we are able share it with others

— Pope Francis —

# Goodness of being a PPC member

Savio E. Vaz

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**T**he Parish Pastoral Council (PPC) comprises of Lay members of the Parish community as well as the Parish priest. The council members are elected by the parish community.

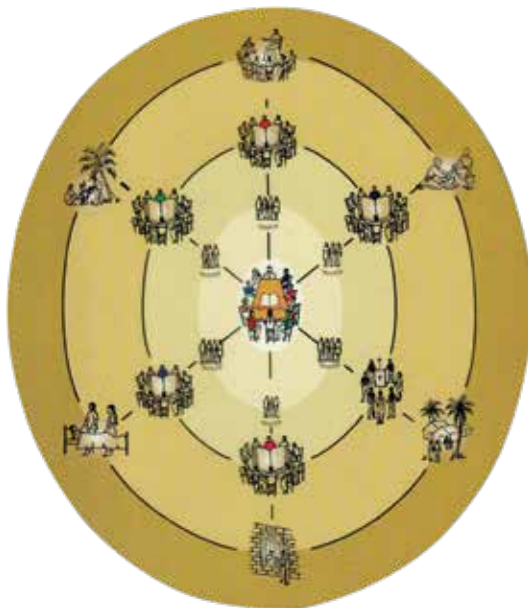
Parish Pastoral Council promotes participation of the Laity in the life of the Church by providing them a forum to share their insights and experience, PPC helps to ensure that the Pastoral ministry of the Church is responsive to the needs of the people of God.

Being in a Parish Pastoral Council (PPC), a member will taste the goodness of these benefits:

- **Spiritual Growth and Personal Development:** The faith of the PPC member will deepen as he/she explores the Catholic doctrine and spirituality while taking part in meaningful discussions gaining a deeper understanding of the Church's mission and teachings thereby strengthening one's personal relationship with God.
- **Teamwork and Leadership Skills:** The PPC member plays an important part in the parish, working closely with the Parish Priest to plan, organise and implement various pastoral programs that meet the needs of the parish community. This experience enhances one's leadership skills, teamwork abilities and decision-making processes.
- **Development of Interpersonal Skills:** As the PPC member engages in collaborative efforts in the parish community by resolving conflicts, respecting diverse perspectives and building consensus by communicating effectively, he/she tends to cultivate interpersonal skills
- **Community service:** The PPC member actively contributes to the betterment of the Parish and the surrounding community by identifying and addressing their social needs, supporting charitable causes thus making a positive change in the lives of the community members.

- **Networking and Collaboration:** The PPC member gets closely connected with the fellow parish community and thus fosters a bond between the Parish priest and the community thus enabling collaboration and an exchange of ideas and developing a sense of belongingness to the Church.
- **Promoting vibrantly the mission of Christ in the Parish community:** The PPC member lives out his/her baptismal call to participate in the mission of the Church by promoting the mission of Christ in the Parish community and encourages the Parish community to actively participate in it.
- **Understanding of the Administration of the Parish Church:** The PPC member gains an insight in the different administrative aspects of the parish and its functioning thus developing an understanding of the organisational structure and operations of the Church.

Serving as a PPC member, besides the above benefits, is a rewarding and fulfilling experience. as each member gets the opportunity to use their gifts and talents to serve the Church making it more vibrant, causing a positive impact on the lives of others thus becoming a beacon of hope and a source of inspiration for others.



# Parish Events in February

By Hema Menezes

**The Day of Consecrated Life** celebration is celebrated on the **Feast of the Presentation of the Lord**. This special day draws attention to the contributions that consecrated men and women make to the church and society at large. Our



Parish is fortunate to house number of these communities in Old-Goa who contribute to our Parish. We have Bom Jesus Basilica, Holy Family Novitiate, St John of God, Angels Convent, “Portiuncula”, Handmaids of Christ, and Caritas Christi. In appreciation to their contribution, special prayers were added to the Sunday liturgy at the Cathedral on the **04<sup>th</sup> Feb.** and an evening of the previous day, **03<sup>rd</sup> Feb.**, a fellowship cum get-together was organised by the parish pastoral council.

**Dedication of the Cathedral church of Goa** was celebrated on the **06<sup>th</sup> of February** with mass at 07.00am by the Parish which was organised by the Liturgical Animators. The 12 Somudais and associations spent time in prayer with ½ an hour adorations commencing from 08.00am to 6.00pm followed by solemn thanksgiving mass organised by the Parish Pastoral Council. The Pastoral theme ‘Somian Kelem toxem’ was experienced in depth with each focusing on different ways of “Tumi-I Korat”.

**Feast of Our Lady of Virtues** was celebrated on the **10<sup>th</sup> of February** by St Ignatius Somudai.

On **08<sup>th</sup> February**, 7 children from the Hindi speaking Community received, for the first time, the Sacrament of Reconciliation and, on **11<sup>th</sup> February**, they received First Holy Communion at the Cathedral with a Eucharistic Celebration



at 11.00am. Fr Micheal (svd) was the main celebrant and Fr. Rosario Oliveira, Parish Priest and Fr, Simao Fernandes, Director of pastoral Institute were concelebrants. The 7 children with their families and the Hindi speaking migrant community

made the occasion enjoyable by sharing a meal together.

**On the 14th of February, Ash Wednesday, we entered the season of Lent.** The 07.00am mass was organised by the Parish Pastoral Council with Altar décor depicting the 3 means or pillars-

Prayer, Penance and Alms giving to journey into the desert of Lent. The service theme being “Mhoje-xim Portun Yeyat”. The service ended with blessing of the Lenten crosses which the



Parish Council members carried to their respective Somudais for Way of the Cross in families and Somudais.

**On the 15<sup>th</sup> of February the Parish offered a thanksgiving mass for the gift of Fr Rosario Oliveira, Our Pastor who celebrated his Birthday.**



**On the 16<sup>th</sup> of February, Friday after Ash Wednesday, Stations of the Cross was held led by St Augustine Somudai, the theme “Ekcharan prachitachi pavalam marum-ia, bhorvanso ditolim sondexkaram zaum-ia”. Followed by Eucharistic celebration by**

the parish and Lenten recollection by Fr. Rosario Oliviera. The Recollection focused on Benefits of Fasting namely a) From fasting on food to feasting on the Word of God. b) Crush the flesh-man in you and rise the spirit-man c) Fasting is a deliberate choice made to chastise body d) Rewards of fasting.

**18<sup>th</sup> of February, 1st Sunday of lent- is a day of Annual Diocesan Walking Pilgrimage** which is practiced at 3 levels, the Diocesan level at Sancoale, the Parish level at the parishes and the Family level in our homes. The Diocesan level to Sancoale started with three buses journey from the Cathedral at 1.40am. The initiation of spiritual preparation for Lent on the path of penance started with a walk from Neura panchayat to Sancoale via Pilar-Agaciam crossing the Zuari Bridge covering a distance of approximately 10 kms. St Catherine's parishioners including sisters of Mater Dei Convent journeyed together along with the Parish Priest and seminarian Jayson in total 110 pilgrims. It was a journey of penance and prayer with recitation of Rosary and accompanied by hymns. The walk started at 2.00am and reached the dedicated place at 4.30am. Filipe Neri Cardinal Ferrao, priests, religious and Catholics as well as some people from other religions participated in this walking pilgrimage. A warm welcome was given by the volunteering youth offering black tea and a hot cross bun. The Youth services of assisting the pilgrims in need was available throughout the journey. The adoration of the Blessed Sacrament started at 05.00am and ended with a blessing at 05.50 am for a Solemn mass which began at 06.00 am celebrated by the Archbishop Filipe Neri Cardinal Ferrao which ended at 07.30am with an offering of the petitions of the pilgrims offered in a blessed incense fire. The theme for the pilgrimage was "Let us journey together on the path of penance and be Proclaimers of Hope. Highlighting the sacrificial aspect of the walk, Cardinal Ferrao, reminded the faithful that all of us are pilgrims in the world. We do not bring anything with us nor do we take back anything. What is more important is giving first place to God who is the giver of life and living selflessly for the good of others. The journey back to Old-Goa by bus was accompanied by hymns and the pilgrims reached the Cathedral by 09.15am

# First Holy Communion celebration for Hindi Speaking Children

Sr. Cecilia, FMCK

First Holy Communion for Hindi Speaking children was celebrated for the first time at the Se Cathedral on 11<sup>th</sup> February, 2024. The children have been preparing to receive Jesus for the first time in their hearts from the month of June 2023 under the guidance of Sr. Cecilia, Ms. Regina and Ms. Lalita. The Eucharistic celebration was held at 11 am with the main celebrant Fr. Michael and con-celebrated by our parish priest Fr. Rosario Oliveira and Fr. Simeao, Director of the Pastoral Institute.

The Holy mass began with the entrance dance performed by the Hindi speaking community who were dressed in their traditional clothes praising God for this wonderful day. They leded this procession followed by the first Holy communicants and the priests. The entire congregation devotedly participated in the communal meal. Altar decoration, arranging of the flowers, seating arrangements, organising the first Holy communicants was done by catechists under the guidance of the sisters.

The vote of thanks was given by one of the communicants who also sang the thanksgiving hymn. There was a photo session at the end of the mass. After the mass, the communicants, parents, catechist, priests and nuns proceeded to the Hall. The communicants cut the cake and the wishing song was sung by the choir. Snacks



was distributed to all. The priests, Nuns and the catechists were felicitated by the parents and committee members presented a token of love. The celebration ended after lunch was served on this joyous occasion.



# Formation Session of Confraria Members – A Report!

By Anil Afonso



On the 18th Jan 2024, we the members of the Confraria Do Fundo Reunido De Nossa Senhora Das Angustias De Se Patriarcal, gathered together in the parish hall for a self-orientation program initiated by our Parish Priest and Guide Rev. Fr. Rosario Oliveria. The session began at 6:30 pm with a prayer invoking God's blessing after which Ms. Josma Pereira introduced the speaker for the day Rev. Fr. Simiao Fernandes the director of Pastoral Institute, Old Goa.



Fr. Simiao being well versed with Confraria matters began with a brief history of how the Confraria began and evolved, how the purpose for which they were established to further the faith and how over time now they have just become ceremonial for feasts and funerals and some got involved in administration of properties and finances of the church.

Fr. Simiao went on to impress upon us the need to foster a brotherhood wherein all members share love and concern for each other and take active interest in each other's spiritual growth and the community at large. While he appreciated the Confraria of the Cathedral Parish as a vibrant and involved association in the activities of the parish he also cautioned us not to just be active in ceremonial activities.

It was probably the first time that such a formation program was held for members and new aspirants. Mrs. Clea Souza proposed the vote of thanks and voiced all our appreciation to Fr. Simiao for his enriching talk and our Parish Priest for taking this initiative.



Fr. Rosario thanked all the members for coming in good numbers and showing their love for the church, He Also thanked Fr. Simao for his time and presentation. On behalf of all the members Mr.



Joven Fernandes handed over a token of love and gratitude to Fr. Simao. The session ended with a prayer and final blessing by Fr. Rosario.

Thereafter the Association celebrated the annual feast of our Patron on 28<sup>th</sup> January, 2024 and 15 new members were initiated in a well-planned and Solemn Ceremony.



# Dotonichea Disacho Vako

Menino Menezes

Voros bhor dotonicho vaur kelea uprant, Se Igrojechea sondexkaramnim Padr Vigarache adharan Fevrerachea 11ver dotonicho dis manddun haddlo. Sogllim sondexkaram toxench bhurgim, aplea avoi-bapai sangata, ummedin bhoron hea Dotonichea disa bhag ghetlo. Padr. Vigarane suchoil'le te porim hea vorsa bhurgim jem kitem akh'ea vorsa xink'leant, tacher adharun dor eka vorgant aplo karyakron maddun haddcho oxem sanglem. Zori bhurgeancheo porixa ason thoddi bhurgim eunk pavonant pun zaitea avoi-bapainim tyeg korun bhurgeank gheun practice-ik ailim. Disa-dispottim kamak vochun, kama bhailea-bhair Igorjent eun, tea bhear bhurgeanchi practice gheunk ti hajir astalim. Dotonichea disa mukhel soire zaun asle Marcel Firgojentli ex-catechist, toxench manache soire zaun asle Sem. Jason Colaco.

Padr Vigar Rosario Oliverira hannem ievkarachem ulovop korun Dotonichea disak survat dili. Sondexkar Blanche ani Sianak hea karyavollichem sutr-sonchalon cholouchi zobabdari dil'li. Tannim Konknni toxem Iglez bhaxen hea kariakromachem sutra-sonchalon choloilem. Machier sorv prothom Tisrea pustokachea bhurgeam-ni ek Prayer Dance kelo, toxench choutea pustokachea bhurgeamni welcome song kel'lem. Poilea ani dusrea pustokachea bhurgeam-ni Action song korun sogleanchi kallzam jikon ghetli, lhan bhurgim ti pun aplea veg-vegillea kruti vorvim soglleachea mukhamollar hanso haddlo. Sondexkar Josma-chea margdorxona khal Satvea pustokachea bhurgeamnim Adlea toxea novea korarachim ghodditam viskutaun ek natkulem kelem. Donuch disachi practice, teach borobor porikxecho toso tuitionacho bhar asonui, tea bhurgeamni bore toren machier bhavartachi porgottnim keli. Panchvem toxem sovem pustokachea bhurgeamnim Santa Cruz Iskolachea vosreant kel'li dakhvonn porot amche machier dakhilo. Hi dakhvonn-int bhag ghetlea khatir tankam toknnai-potr dil'lem, jem tea disa sogl'le firgozkaram hujir tankam dilem.

Tea uprant dotonichea vorsak kel'lea karyavollichio vako powerpoint presentation korun pod'dear dakhoilo. Dotonichim bhurgim dor aitara eun doton xinktat, dekhun tanchi toknnai korunk sogllea bhurgeank ek bhett dili, toxench 100% hajiri aslolea bhurgeank ani dotonichem pustok bore toren nettol'lea khatir tankam inam dilo.

Sound system ghalunk Fr. Seby, Sem. Jason, Mr. Edward, Chris Noel, ani iear zaiteamnim adhar dilo. Dotonichea Exco-n hea dotonicho disacho zaite bhar khandar gheun bore toren pall'lo. Toxench sondexkaramnim ho Dotonicho dis bore toren zaunk, zaito bhar ghetlolo. Dor eka sondexkaran apleak dil'li zobabdari bore toren pallun haddli. Mr. Frankie ani Anthony hankai amche dhinvas kiteak ap-khuxen back stage eun tannim amkam zaito adhar dilo. Padr Vigarachea margdorxona khal ho dotonicho dis bore toren zal'lea khatir kherit bhaxen ami Padr Vigarak dhinvastanv ani Devan amkam aplo vaur fuddem vhorunk hech porim Povitr Atmeachea bollachem adhar dium mhonn Bapa lagim magtam.



# 2023 – 24 Dotonichea vorsak amchea firgojent kel'leo karyavolli

1. Juneachea 10ver sogllea Dev Sondexkarant Povitr vor ani 11ver Juneache, dotonichea vorsak ugttavnechem mis korun survat keli.
2. Dor eka dotonichea zomeak Povitr Atmeachea follachem nanv dilem.
3. Hea vorsak JESUZ, (Jezuchea Sondexkarancha Urbevont Zobabdar) vangddi koxim Sondexkar Sandra ani Sondexkar Blanche hannim bhag ghetlo.
4. Jezu Sondexkar xibirant, Sondexkar Joebert ani Sondexkar Manisha hannim ummedin vantto gheun Fevrerache 11ver tankam Jezu Sondexkar Promanpotr favo zalam.
5. Bhurgeank lagxil'lean misacho onnbhov mellunk ek upai koso, ani tannim bore toren zobab diun, tanchi Otmik akarnni bore toren zaunk, Padr. Vigarane mhoinchea dor dusrea ani choutea aitarak mis ghoddun hadlem.
6. Padr Vigarachea margdorxona khal hea vorsa thaun Hindi uloitolea bhavam-bhoinnam ani bhurgeam pasot Hindin doton suru keli.
7. Padr vigarache suhovne pormonnem, hea vorsa thaun Sondexkarnim eke veglle toren dotoniche path dile. Hea Pathak lagu zateli kruti (activity) udexim bhurgeank dile.
8. Bhavartak bhaxen (language) bandun dovrunk zaina ani heach pasot Pdr. Vigarane Inglez vo konknni bhaven doton gheunk formailem.
9. Kommuniyanv ani Thiravne sonvskar ghetolea bhurgeanchi, toxench avoi Bapaichi doton ghetole mhonn Padr Vigarane sanglem. Hea vorvim bhurgim odik bore toren xinktolim, hem mon zaun aslem.
10. Sondexkaranchi akarnni bore toren zaunk July-ache 9ver Gonvllik vixoiacher sondexkarank xibir zalem, zhoim sogllea sondexkarnim bhag ghetlo.

11. July-ache 23ver xapai-xemaicho dis monoilo, zhoi lhanxi karyavoll korun bhurgeamni toiar kel'leo bhetto diun ho dis somarombhlo, toxench Agostache 6ver firgojent vhodda umedin Gonvleancho dis somarombhlo. Tea disa sondexkaramni git gaum amche Igorjent vavurtelea Iadnikank dhinvase.
12. Setembrache 8ver ami Avoiancho Dis Somarombhlo. Dor eka novenachea disachi toiar dor ek dotonichea zomean keli.
13. Novembrache 19ver panchvem ani sovem pustok xikotolea bhurgeank, dakhovnn asli. Hi dakhvonn zonal level-acher zali ani amchea Central zone-ak hi karyavoll St. Cruz Iskol-ache hall-ant zali. Amchea dotonichea bhurgeamnim hi dakhvonn soglleank avoddli.
14. Bhurgeancho dis monovpachea nimitan sogllea bhurgeank Pascoal Farm-ant bhonvddek vheli. Zaito avoi-bapainim bhonvddek lagtoleo boshi (bus) toxench ier zaito vastu sponsor keleo. Hea khatir bhurgeanche bhonvddek eka bhurgesa fatlean mol dovorlole fokt 100 rupoi. Sum 96 bhurgim ani 15 sondexkaram aslim.
15. Dezembrache 10ver natalanchea somarombhak toiar diunk ani sondexkarankchea jivitachi novsornni korunk varaddachea panvddear Ekantai ghoddun haddli, ji Marcel Igorjent zali.
16. Dezembrache 17ver bhurgeank natalancho somarombh zalo. Igorjechea machier ho karyakrom carols gavun, nattkulim korun nettoilolo. Bhurgeank tondd god korunk khaunk-ui dilolem.
17. Janeracher 21ver Krist Prosad ghetolea konknni toxench Inglez bhaxen doton xinktolea bhurgeancho poilo komunihanv zalo. Tech porim Fevrerache 10ver Hindi uloitolea bhurgeank poilo komunihanv zalo.
18. Vorsachi tenkxi mhol'lear Dotonicho dis. Ho dis bore toren somarombhunk soglli sondexkaram toxench dotonichim bhurgim, machier eun tim jem sompurnn vorsak kitem doton xinkleat vo Jezucho kitem onbhov tankam mel'la, hachi dakhvonn keli.

# My experience as a communion teacher – by Sian Mendonca

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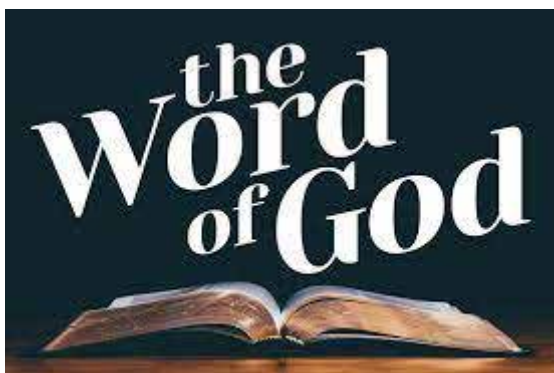
Let the children come to me, do not hinder them for the kingdom of heaven belongs to such of these – *Mathew 1:14*

**O**n 21<sup>st</sup> January 2024 the children of our Parish received the Sacrament of Communion for the first time. The preparation of this Holy Sacrament began at the very first day of their catechism class. As a new teacher I was very excited to be with the kids and to learn many new things that I didn't know. There were challenges no doubt, but I was surrounded with positive people around me. Both the Priests, my fellow teachers have supported me and were there always taking care of everything and continuously training me in many things. Not only my senior teachers, but also the children from my class have taught me lot of things like patience, understanding, how to be responsible and brought me more and more closer to God. As the days were passing by and the day of first Holy Communion was coming closer there were more responsibilities that had to be shouldered, but the teachers who were allotted with me were preparing me to take the responsibilities and supported me. Also the parents and children cooperated a lot which made things easy for me.

The experience I had as a new Catechism teacher was very exciting and fun teaching as well as learning. There were times where I had lot of difficulties but the faith I had in God and the support I got from



all the teachers made things very easy for me. As a new teacher I had a good experience from my children as well as teachers. I am so privileged to get such a good opportunity to become a Catechism teacher of such innocent angels of God.



## The Word of God

*By Jovita Kerketta*

When you are down and feeling blue,  
Ask, and it shall be given to you.  
When troubles weigh upon your mind,  
God says to seek, and you shall find.

Knock, and His doors will open within,  
As our God washes away your sin.  
For you will receive, if to God you ask,  
And if you seek, you shall find your task.

God is love, and love is God,  
Within much happiness and bliss.  
His love is real and forevermore,  
Knock, and God will open the door.

How I know, thus what I say,  
Reading the Bible as I pray,  
And onward living as I go,  
The Word of God has told me so!





# The Power of One

*By Jovita Kerketta*

One song can spark a moment.  
One flower can wake the dream.  
One tree can start a forest.  
One bird can herald spring.  
One smile begins a friendship.  
One handclasp lifts a soul.  
One star can guide a ship at sea.  
One word can frame the goal.  
One vote can change a nation.  
One sunbeam lights a room.  
One candle wipes out darkness.  
One laugh will conquer gloom.  
One step must start each journey.  
One word must start each prayer.  
One hope will raise our spirits.  
One touch can show you care.  
One voice speaks with wisdom.  
One heart knows what's true.  
One life can make the difference.  
You see, it's up to you.

# How to find / determine the exact date of Ash Wednesday

By Peter Mascarenhas, *Our Lady of Piety*

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**L**ent is the Christian season of spiritual preparation before Easter. During lent many Christians observe a period of fasting, repentance, moderation, self-denial and spiritual discipline.

The purpose of the Lenten season is to set aside time for reflection on Jesus Christ – to consider his suffering, his life, death, burial and resurrection. This we experience while attending, the way of the Cross. This is what the whole holy mass performs during Sundays and every day.

But during the way of the Cross, it is a hair raising experience which grips our hearts and enters the agony of corridors of our mind. Individually I myself experience this.

During the six weeks of self-examination and reflection, our Christian brothers and sisters, who observe lent typically make a commitment to fast, or to give up something – a habit, like smoking, watching TV, listening to music, swearing, or abstain from food or drink. Many of us take on Lenten discipline, like reading Bible and spending more time in prayers to come close to God.

Now coming to my above topic of how to determine the exact date of Ash-Wednesday!

My dear brothers and sisters, many of us may not know the exact date of Ash-Wednesday. So I share this to you.

Ash Wednesday, the first day of lent falls on a different date each year. Now, how is this date of Ash Wednesday determined?

There are two factors that determine the date of Ash Wednesday. The first is the date of Easter. Easter Sunday is a moveable feast, which can occur as early as March 22 and as late as April 25<sup>th</sup>.

The second factor is the length of lent. We prepare Christ resurrection at Easter through a period of fasting and prayer that mirrors the 40 days that Christ spent in the desert at the beginning of his ministry. But there was one little hitch, however, because Sunday is the day of Christ's Resurrection.

Now how to calculate the date of Ash Wednesday.

Simply take the date of Easter for any given year and subtract 46 days or, to make it even easier, count backward six weeks from the date of Easter to get the date of the first Sunday of lent. Ash Wednesday is the Wednesday before the first Sunday of lent. Six weeks is 42 days: Wednesday through Saturday are another four days, which gives you 46 days. That's how Ash Wednesday is determined.

Stay blessed and God loves you.

# PASKANCHEA KALLAR GHORABEANCHER AXIRVAD

**Iadnik/Diakn:** (*Povitr Udok xinvraitā ani mhoneṅṅta*) Xanti hea ghorak ani hea ghorant ravutoleam somestank.

**Lok:** Amen.

**Iadnik:** “Dev-mondirache uzve vatten udok vhanvta tem hanvem pollelem”, Sorvesporak Zoi, Zoi

**Lok:** “Ani zankam hem udok pavlem tankam taronn mell’llem ani tim mhunntat, Sorvesporak Zoi, Zoi”

**Iadnik:** Sorvespor kitlo boro. Tacho maiemog mitmer naslolo.

**Lok:** Dekhun Taka dhinvasum-ia.

**Iadnik & Lok:** Mhoima Bapak ani Putak ani Povitr Atmeak. Adim, atam ani sodam sodamkal. Amen.

**Devache Utor:** (**Kol. 3: 12-17.** *Ghorchim porgott’itat tednam Povitr Pustok vapuddlear boreṅṅ*). Bhagevont Paulun Koloskarank boroilole chitti velem vachop.

“Tumi vinchun kaddleli, bhavgont ani bhov mogachi porza, dekhun bhov doiall, bholim, khaltim, dulob, ani mhatmik zaiat; dusreancher garannem korunk nimit aslear, ekamekak soschem ani bosunchem; Somian tumkam bogxilim tech porim tumi-i ekamekak soschem ani bogsumchem. Punn heam sogleam vostum poros tumche modem mog asum, kiteak to sopurnnaiechi gantt. Kristachi xanti tumchea kallzannim raj choloum, hich xanti tumkam mellunk ani ekuch kudd ghoddunk tumkam apoileant, sodanch dhinvaxi zaiat. Kristache xikovnnen tumche modem

ghott thikann kkorchem. Soglea xanneponnan ekamekak xikoiat ani budh diat. Tumchim kallzam dhinvasan bhoron stotramnim, gitamnim ani bhokti-gaionamnim Devachi vakhann'nni korat. Tumi kitem-i mhonntat ani kortat titem-i Somia Jezuchea nanvan korat ani Tache vorvim Deva Bapak argam diat". (*ogeponn*) Devachem Utor hem!

**Lok:** Devache vhodd upkar.

**Iadnik:** (*Prarthum-ia*): Pormesvora, Sorvpodvadar Bapa, sasnachea Deva, Egiptantlim bhair sortoleam Hebrevanchim ghoram, menddreachea rogtan makun Tuvem khast laitolea dutachea hatantlim vattailim ani hi ghoddnni Kristachi, amchea Paskanche Boliechi khunna korun dovorli. Tech porim sorginchea Tujea dutak pattoi ani hea ghorant ravtoleam somestank bhett kor; tankam rakh, samball, ani ghottai dhi ani sogleam vaissantlim nivar. Teach Krista amchea Somia vorvim.

**Lok:** Amen.

**Iadnik:** Sorvespor tumche sovem asum!

**Lok:** Tumche-i sovem asum.

**Iadnik:** Sorvpodvedar Dev Bap, ani Put, ani Povitr Atmo tumcher ani tumchea kuttumbacher axirvad ghalum.

**Lok:** Amen.



The Family is the salt of the earth  
and the light of the world, it is the  
leaven of society.

— Pope Francis —

# PASCHAL BLESSING ON FAMILIES

**Priest/Deacon:** (*As he sprinkles Holy Water...*) Peace be to this house and all who dwell in this house!

**People:** Amen.

**Priest:** “I saw the springs of living water gushing from the right side of the temple”, Alleluia, Alleluia!

**People:** “Wherever this water reached, it brought salvation”, Alleluia, Alleluia.

**Word of God: (Col. 3: 12-17.** *If the family members proclaim, use Bible*). A reading from the letter of St. Paul to the Colossians.

“You are the people of God; he loved you and chose you for his own. So then, you must clothe yourselves with compassion, kindness, humility, gentleness, and patience. Be tolerant with one another and forgive one another whenever any of you has a complaint against someone. You must forgive one another just as the Lord has forgiven you. And to all these qualities add love, which binds all things together in perfect unity. The peace that Christ gives is to guide you in the decisions you make; for it is to this peace that God has called you together in the one body. And be thankful, Christ’s message in all its richness must live in your hearts. Teach and instruct each other with all wisdom. Sing psalms, hymns, and sacred songs; sing to God with thanksgiving in your hearts. Everything you do or say, then, should be done in the name of the Lord Jesus, as you give thanks through him to God the Father”. (*Pause*) Word of the Lord!

**People:** Thanks be to God.

**Priest: (Let us pray).** “Blessed are you, O Lord, in the Passover of the Old Testament You kept unharmed, the houses of your people that were sprinkled with the blood of a lamb. The fulfillment of Your signs is the true Paschal Lamb, the Son you gave to us. He was crucified for us and raised from the dead, so that we

might all be filled with the grace of the Holy Spirit. We ask You to visit this family, be with them, watch over them, guide and direct them and protect them from all evils. Bless this family and this home so that the joy of Your love may gladden the hearts of all who live here. We ask this through Christ our Lord”.

**People:** Amen.

**Priest:** The Lord be with you.

**People:** And with your spirit.

**Priest:** May Almighty God bless you and the family, the Father and the Son and the Holy Spirit.

**People:** Amen.

## HOUSE BLESSINGS

DATE & DAY	TIME	SOMUDAI
01/04/2024 MONDAY	3.30pm	St Paul, St John Facundo St Ignatius, (St Ignatius& St Lazarus)
02/04/2024 TUESDAY	3.30pm	St Catherine, St Joseph Vaz, O.L of Piety
03/04/2024 WEDNESDAY	3.30pm	San Doming, St Alex S.FX
04/04/2024 THURSDAY	3.30pm	Khuris Milagr, O.L of Light , O.L of 3 Nessimities
05/04/2024 FRIDAY	3.30pm	St Augustine

# HOLY WEEK PROGRAMME

DATE	TIME	EVENT
21 March Thursday	10.00 am	CHRISM MASS (Blessing of the Holy Oils)
24 March Sunday	7.15am	PALM SUNDAY OF THE PASSION OF THE LORD (Blessing of the Palms)
	4.00pm	SANTOS PASSOS
26 March Tuesday	6.00pm-8.00pm	CONFESSIONS-All Parishioners
28 March Thursday	5.00pm	MAUNDY THURSDAY-Mass of the Lord's Supper
	7.00pm-12.00am	AN HOUR WITH THE LORD
	7.00pm-8.00pm	St John Facundo, St Ignatius, Khuris Milagr
	8.00pm-9.00pm	St Lazarus, Our Lady of Piety, St Augustine
	9.00pm-10.00pm	St Paul, St Francis Xavier, St Joseph Vaz
	10.00pm-11.00pm	San Doming, St Catherine, House of Bom Jesus
	11.00pm-12.00am	All Parishioners (Holy Family Novitiate)
29 March Friday	7.00am	Way of the Cross
	3.30pm	GOOD FRIDAY of the passion of the Lord
30 March Saturday	7.00am	HOLY SATURDAY-Theme "OSTORE,HO TUZO PUT" (Apnnem Kelem toxem,patki monxeam pasot korunk,Saibinnik Apoita)
	11.00pm	EASTER VIGIL
31 March Sunday	8.00am	EASTER DAY Mass
	10.00am	EASTER DAY Mass

# PASTORAL PLANNER

## MARCH 2024

DAY/DATE	ACTIVITY	TIME	RESPONSIBILITY
01/03/2024 FRIDAY	SACRAMENTS FOR SICK AND ELDERLY	09.00AM	PRIESTS
	STATIONS OF THE CROSS, MASS & RECOLLECTION	05.00PM-07.00PM	SAN DOMING & KHURIS MILAGR & LITURGICAL ANIMATORS
02/03/2024 SATURDAY	1 <sup>ST</sup> SATURDAY DEVOTION TO BL. V. MARY (CONFESSIONS, ROSARY REFCLECTION& MASS)	06.00AM	LITURGICAL ANIMATORS
03/03/2024 SUNDAY	3 <sup>RD</sup> SUNDAY OF LENT	07.30AM 10.00AM 04.00PM	ST AUGUSTINE ST CATHERINE ST JOSEPH VAZ
08/03/2024 FRIDAY	FRIDAY OF LENT	07.00AM	DAILY MASS
	STATIONS OF THE CROSS, MASS& RECOLLECTION	05.00PM-07.00PM	HOUSE OF BOM JESUS& ST LAZARUS& SE CATHEDRAL LECTORS
10/03/2024 SUNDAY	4 <sup>TH</sup> SUNDAY OF LENT (LAETARE SUNDAY)	07.30AM 10.00AM 04.00PM	O.L.OF PIETY KHURIS MILAGR SAN DOMING
10/03/2024 SUNDAY	PPC MEET	08.45AM	ALL PPC MEMBERS
13/03/2024 WEDNESDAY	ANNIVERSARY OF THE INAUGURATION OF THE PONTIFICATE OF POPE FRANCIS(2013)	07.00AM	DAILY MASS
15/03/2024 FRIDAY	FRIDAY OF LENT	07.00AM	DAILY MASS
	STATIONS OF THE CROSS , MASS& RECOLLECTION	05.00PM-07.00PM	ST JOHN FACUNDO ,ST JOSEPH VAZ & ST CATHERINE'S CHOIR
17/03/2024 SUNDAY	5 <sup>TH</sup> SUNDAY OF LENT-DAY OF SOLIDARITY AGAINST HUNGER AND DISEASE HUSBAND/FATHER'S DAY CELEBRATION AFTER	07.30AM	CATECHISTS
		10.00AM	ST JOHN FACUNDO
		04.00PM	ST LAZARUS



17/03/2024 SUNDAY	RECOLLECTION, ADORATION & SECOND ROUND OF ELECTIONS	03.00PM	NEW PPC AND PPA CANDIDATES
19/03/2024 TUESDAY	ST JOSEPH, Spouse of the B.V.M., Solemnity	07.00AM	DIVINE MERCY
21/03/2024 THURSDAY	Anticipated CHRISM MASS & Blessing of Holy Oils	10.00AM	ST CATHERINE VOLUNTEERS
22/03/2024 FRIDAY	FRIDAY OF THE LENT	07.00AM	DAILY MASS
	STATIONS OF THE CROSS, MASS & RECOLLECTION	05.00PM- 07.00PM	ST CATHERINE, ST FRANCIS XAVIER & ALTAR SERVERS
	<b>HOLY WEEK</b>		
24/03/2024 SUNDAY	5 <sup>TH</sup> SUNDAY OF LENT-PALM SUNDAY OF THE PASSION OF THE LORD  SANTOS PASSOS	07.15AM	ST IGNATIUS
		10.00AM	HOUSE OF BOM JESUS
		04.00PM	CONFRARIA
28/03/2024 THURSDAY	MAUNDY THURSDAY	05.00PM	PPC
29/03/2024 FRIDAY	WAY OF THE CROSS	07.00AM	PARISH YOUTH & ALTAR SERVERS
	GOOD FRIDAY SERVICE-DAY FOR THE NEEDS OF THE CHURCH IN THE HOLY LAND	3.30PM	LITURGICAL ANIMATORS
30/03/2024 SATURDAY	HOLY SATURDAY	07.00AM	CATECHISTS
	EASTER VIGIL	11.00PM	SE CATHEDRAL LECTORS
31/03/2024 SUNDAY	EASTER SUNDAY OF THE RESURRECTION OF THE LORD	08.00AM	ST JOSEPH VAZ
		10.00AM	ST AUGUSTINE

## LENTEN FRIDAYS (05.00PM - 07.00PM)

DATE	STATIONS OF THE CROSS (SOMUDAI RESPONSIBILITY)	MASS (SOMUDAI RESPON- SIBILITY)	RECOLLECTION (RESPONSIBILITY)
01/03/24	SAN DOMING	KHURIS MILAGR	LITURGICAL ANIMATORS
08/03/24	HOUSE OF BOM JESUS	ST LAZARUS	SE CATHEDRAL LECTORS
15/03/24	ST JOHN FACUNDO	ST JOSEPH VAZ	ST CATHERINE'S CHOIR
22/03/24	ST CATHERINE	ST FRANCIS XAVIER	ALTAR SERVERS

# DAILY READINGS FOR FEBRUARY 2024

## Intentions of the Apostleship of Prayer

### For new martyrs

Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.

DAY	READINGS			GOSPEL
	1 <sup>st</sup> READING	PSALM	2 <sup>nd</sup> READING	
01 Fri.	Gen. 37:3-4. 12-13a. 17b-28;	Ps. 104(105*): 16-17. 18-19. 20-21;		Mt. 21:33-43. 45-46
02 Sat.	Mic. 7: 14-15. 18-20;	Ps. 102 (103*): 1-2,3-4. 9-10. 11-12		Lk. 15: 1-3. 11-32
03 Sun.	Ex. 20: 1-17 (or 1-3. 7-8. 12-17)	Ps. 18(19*): 8. 9. 10. 11;	1 Cor.1: 22-25;	Jn. 2: 13-25
04 Mon.	2 Kgs. 5: 1-15a;	Ps. 41 (42*): 2. 3. 42 (43*): 3.4		Lk. 4: 24-30
05 Tue.	Dan. 3:25. 34-43;	Ps. 24 (25*):4-5ab. 6+7bc. 8-9;		Mt. 18: 21-35
06 Wed.	Deut. 4:1. 5-9	Ps. 147:12-13. 15-16. 19-20		Mt. 5:17-19
07 Thur.	Jer. 7: 23-28;	Ps. 94 (95*): 1-2. 6-7abc. 7d-9;		Lk. 11:14-23
08 Fri.	Hos. 14: 2-10	Pa. 80 (80*):6c-8a.8bc-9.10-11ab.14+17;		Mk. 12:28b-34
09 Sat.	Hos. 6:1-6	Ps. 50(51*):3-4.18-19.20-21ab;		Lk. 18:9-14
10 Sun.	2 Chr.36:14-16.19-23;	Ps. 136 (137*):1-2.3.4-5.6;	Eph. 2:4-10	Jn. 3:14-21
11 Mon.	Is. 65:17-21;	Ps. 29 (30*): 2+4.5-6.11-12a+13b;		Jn. 4:43-54
12 Tue.	Ez. 47:1-9. 12;	Ps. 45 (46*): 2-3. 5-6. 8-9;		Jn. 5:1-16
13 Wed	Is. 49:8-15;	Ps. 144 (145*): 8-9. 13cd-14. 17-18;		Jn. 5:17-30
14 Thur.	Ex. 32:7-14	Ps. 105(106*): 19-20. 21-22. 23;		Jn. 5:31-47
15 Fri.	Wis. 2: 1a. 12-22;	Ps. 33 (34*): 17-18. 19-20. 21+23;		Jn. 7:1-2. 10. 25-30

16 Sat.	Jer. 11:18-20;	Ps. 7:2-3. 9bc-10. 11-12;		Jn. 7:40-53
17 Sun.	Jer. 31:31-34;	Ps. 50(51*): 3-4. 12-13. 14-15;	Heb. 5:7-9	Jn. 12:20-33
18 Mon.	Dan. 13:1-9.15-17.19-30.33-62 (or 41c-62)	Ps. 22(23*):1-3a. 3b-4. 5.6;		Jn. 8:1-11
19 Tue.	2Sam.7:4-5a. 12-14a. 16; VG II: 1617-1619/ EL III: pgs. 38-41)	Ps. 88(89*):2-3. 4-5. 27+29;	Rom. 4:13.16-18.22;	Mr. 1:16.18-21.24a <b>Or</b> Lk. 2:41-51a
20 Wed.	Dan. 3:14-20. 91-92.95 (Dan. 3:14-20.24/91-25/92.28/95);	Ps. Dan. 3:52. 53. 54. 55. 56		Jn. 8:31-42
21 Thur.	Gen. 17:3-9;	Ps. 104(105*): 4-5. 6-7. 8-9		Jn. 8:51-59
<b>Anticipated Chrism Mass</b>	Is. 61: 1-3abcd. 6ab. 8c-9;	Ps. 88(89*): 21-22. 25+27;	Rev. 1: 5-8;	Lk. 4:16-21
22 Fri.	Jer. 20:10-13;	Ps. 17(18*): 2-3a. 3bc-4. 5-6. 7;		Jn. 10:31-42
23 Sat.	Ez. 37:21-28;	Ps. Jer. 31:10. 11-12ab. 13;		Jn. 11:45-57
24 Sun. <b>Palm Sunday</b>	Is. 50:4-7;	Ps. 21(22*): 8-9.17-18a.19-20.23-24;	Phil. 2:6-11	Mk. 14:1 – 15:47 (or 15:1-39)
25 Mon.	Is. 42:1-7;	Ps. 26(27*):1. 2. 3. 13-14		Jn. 12:1-11
26 Tue.	Is. 49:1-6;	Ps. 70(71*):1-2.3-4a.5-6ab.15ab+17;		Jn. 13:21-33. 36-38
27 Wed.	Is. 50:4-9a;	Ps. 68(69*): 8-10. 21bcd-22.31+33-34;		Mt. 26:14-25
28 Thur. <b>Maundy Thurs</b>	Ex. 12:1-8. 11-14;	Ps. 115(116*):12-13.15+16bc.17-18;	1 Cor. 11:23-26	Jn. 13:1-15
29 Fri. <b>Good Friday</b>	Is. 52:13-53:12;	Ps. 30(31*):2+6.12-13.15-16.17+25;	Heb. 4:14-16, 5:7-9;	Jn. 18:1-19:42.
30 Sat. <b>Holy Sat</b>				
31 Sun. <b>Easter Sunday</b>	Ac. 10:34a. 37-43;	Ps. 117(118*):1-2. 16an-17. 22-23;	Col. 3:1-4 or 1 Cor. 5:6b-8;	Jn. 20:1-9

# FIRGOZ MAHITI

Tumche Gonvli	:	Pri. Rosario Oliveira (Vigar) Pri. Seby Vaz
Kocherint vaur korpi	:	Ms. Daphny Picardo
Igorjent Xist Samballpi	:	Ms. Pricila Silveira

## FIRGOZ – KOCHERICHO VELL

### SOMAR TEM SON'VAR

Sokallchim 8.30 tem Don'parchim 1.00  
Sanje 3.00 – 5.30

### DISPOTTIM MISAM

#### SOMAR TEM SON'VAR

Sokallche 7.00

#### SON'VAR

Sanje 6.00 vaztam (Inglez Baxen Mis)

#### AITAR

Sokallim 7.30 vaztam, 10.00 vaztam (Canons'),  
Sanje 4.00 vaztam (Tin Gorjanche Sabinichem Noven)  
Dusrea Aitarak Sokallim 11.00 vaztam (Hindi Baxen Mis)

## POVITR SONVSKARAK BHOZONN

Sukrar, Sokallche 6.30 vaztam, Misam Adim

### ZOMATI

Poilea Aitarak	Firgoz Gonvllik Sobha
Tisrea Aitarak	Dev Sondexkar
Choutea Aitarak	Tornatteank
Sonvara (Sanjechea 4.00 vaztam)	Vedi Sevok

### POT'TO

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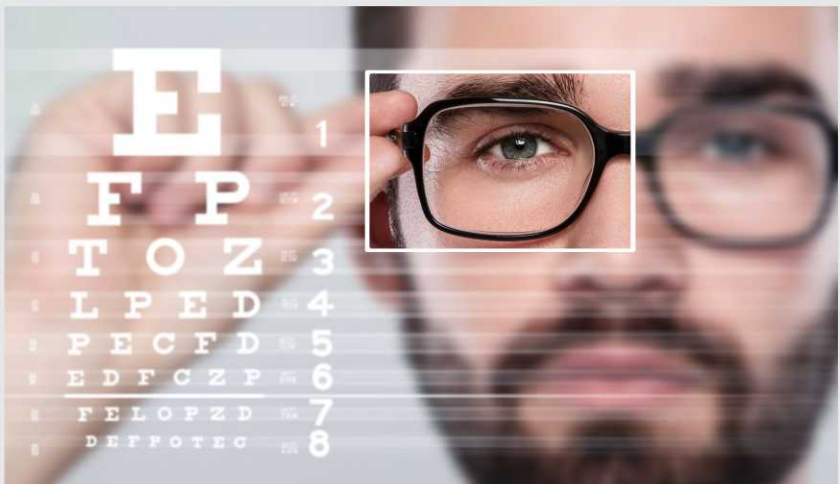
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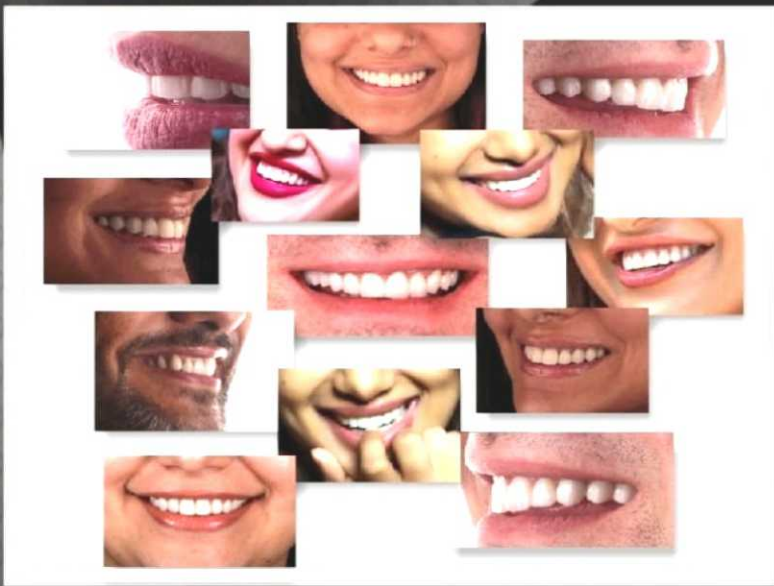
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